

Fear of Driving Testimonials

I am more prepared to put myself on the line and push my limits. I have strategies in place for improvement, and giving up driving is no longer an option for me.

Amanda W, Vic

I've driven from home (Alone) to the shopping center and I couldn't do that at all before the course.

Rachelle B. Vic

The course was the trigger to start me driving. Best thing that ever happened. Thanks Tania for coming up with this course.

Cathy S. Vic

I have more confidence not only in driving but in lots of areas of life.

Pauline T. Vic

I have learnt that there are other people in the same situation as me, very comforting. I have learnt how to judge other peoples behaviours on the road. But more importantly to be more confident and not worry about what other people think. The course was very well taught!

Shivani S, Vic

I am actually driving. I have learnt what to look for and have increased confidence, ready to keep driving.

Cameron C, Vic

I have achieved the confidence to start driving on the highway again. The course gave me different ideas and tactics to adopt as I approach my fear.

Eva M, Vic

I've started driving, having a nudge to move forward has been great. There is a sense of momentum now and I feel I can continue the journey on my own.

Jennifer P, Vic

I have gained the confidence in my driving, I am taking it one step at a time. I feel ready to go for my licence soon. The skills and knowledge I have learnt through the course will remain useful when I'm driving solo.

Amy L. Vic

The theory sessions were relaxed, engaging, informative and interesting, I wasn't bored once. A great course and I recommend it to others.

Meredith J, Vic

The course has helped me relax when I feel anxious. I have driven more in the last 4 week than I have in the last 3 years. Confidence and Self Motivation.

Toni L. Vic

Since completing the course and being able to drive, my children have started new sporting activities and I have a new social group at the Primary School.

Tracy P, Vic

The course gave me the encouragement to continue learning to drive. It taught me not to be so hard on myself. I will be ready to sit my licence test in the next few weeks couldn't have said that a month ago. Thank you Tania you're a star.

Natalie C. Vic

The main benefit of the course was forcing me to commit to driving – without the course it would have been too easy to put off getting in the car. I have driven more in the last few weeks than I have in the entire last year.

Pam N. NSW

This course has gotten me back on the road regularly after 20 years of sporadic driving. Tania has taken the panic out of the whole experience. Wow I can drive.

Annette E. NSW

I've been driving everyday, my confidence has improved. I have learnt to recognize when I am tense and having negative thoughts and how to deal with them

Marjorie S. NSW

"I think that I always had a lot of fear driving". I got my licence in my early 20's but my husband did most of the driving. Ten years later I was a divorced woman with a young child and had to drive. I would avoid going places outside the immediate suburb to where I lived. I had extreme fears of becoming lost. I also experienced a lot of anxiety about doing right-hand turns, being on roundabouts, and driving in the rain.

I completed course in 2003. It has made such a difference in my life. The job I have now entails me to driving clients in various company vehicles to different locations around Melbourne. After completing the course, I decided to take the plunge and bought a new used car. It's fantastic and I'm having the time of my life going new places and doing new things.

Jo L. Vic

For years I would deliberately leave my purse with my licence at home, that way I had an excuse not to drive. I did the course because I have to drive to work. I laugh now because I love driving on my own. It's good to be able to pay back people who have given me lift over the years

Trisha W. Vic